Track: 2024-05-18 Da P. della Portella a V. di Corno — **Date: 18/05/2024**

Track: 2024-05-18 Da P. della Portella a V. di Corno	**IBP = 187 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	23.93 Km
Analyzed distance	23.93 Km
Lineal distance	0.01 Km

Accumulated climb	1880.44 m
Accumulated descent	1894.44 m
Maximum height	2502.2 m
Minimal height	1102.5 m
Climb rate	16.85 %
Descent rate	15.86 %
Positive climb difference per km	78.58 m
Negative descent difference per km	79.17 m

Total time	7:23:03 h
Time in movement	6:49:06 h
Stopped time	0:33:57 h

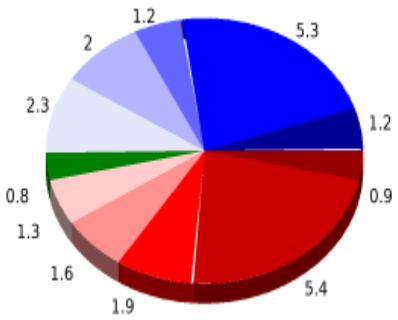
Total speed average	3.24 Km/h
Average speed in movement	3.51 Km/h
Maximum held speed	7.6 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1468 (cad. 16.3 m)
Significant points	619 (cad. 38.73 m / 42.17 %)
Aberrant points	20 (1.36 % d. total)

Direction changes per km	13.29
Direction changes >5º per km	10.87
Accumulated straight stretches	2.673 Km
Straight stretches per km	111.7 m
Penalizables slope changes	14
Penalizables slope changes per km	0.585

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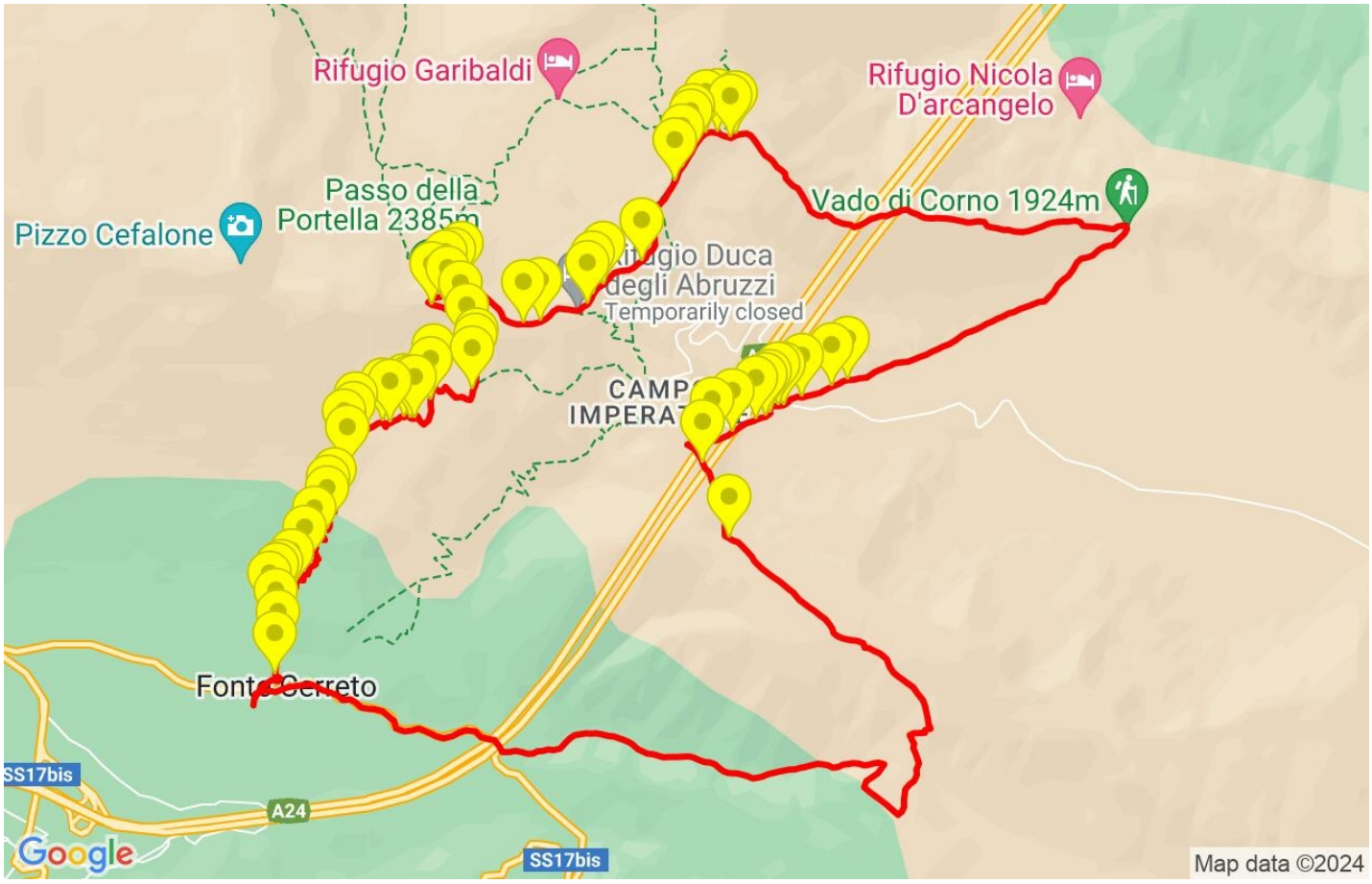
Summary of slopes

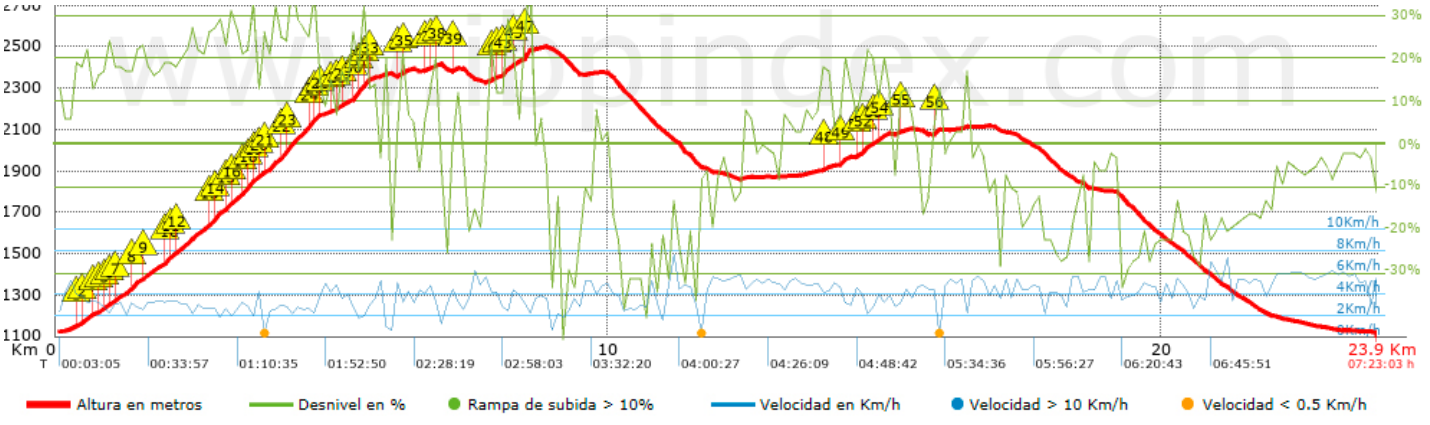


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.907	3.79	2.01	0:27:01
	Between 15 and 30%	5.427	22.68	2.81	1:55:49
	Between 10 and 15%	1.908	7.97	3.56	0:32:08
	Between 5 and 10%	1.596	6.67	4.35	0:22:00
	Between 1 and 5%	1.32	5.52	4.36	0:18:11
	Total :	11.159	46.62	3.11	3:35:09
	Plain				
	Difference of 1%	0.83	3.47	4.08	0:12:13
	Breakdown descents				
	Between 1 and 5%	2.301	9.61	4.84	0:28:30
	Between 5 and 10%	1.994	8.33	4.18	0:28:37
	Between 10 and 15%	1.168	4.88	4.17	0:16:49
	Between 15 and 30%	5.328	22.26	3.79	1:24:24
	Between 30% and 55%	1.154	4.82	2.96	0:23:24
	Total :	11.945	49.91	3.94	3:01:44
	Total track :	23.93	100 %	3.51	6:49:06

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
 1	0.348	18 %	149 m
 2	0.497	21 %	149 m
 3	0.646	14 %	155 m
 4	0.801	15 %	100 m
 5	0.901	18 %	39 m
 6	0.939	21 %	132 m
 7	1.071	20 %	290 m
 8	1.362	23 %	226 m
 9	1.588	19 %	364 m
 10	1.952	26 %	111 m
 11	2.063	20 %	135 m
 12	2.197	23 %	529 m
 13	2.726	25 %	178 m
 14	2.904	26 %	115 m
 15	3.019	21 %	126 m
 16	3.145	26 %	224 m
 17	3.369	23 %	109 m
 18	3.479	32 %	139 m
 19	3.617	18 %	96 m
 20	3.713	22 %	36 m
 21	3.75	26 %	302 m
 22	4.051	27 %	110 m
 23	4.162	31 %	429 m
 24	4.591	29 %	111 m
 25	4.703	21 %	38 m
 26	4.74	11 %	181 m

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27	5.077	18 %	139 m
28	5.216	14 %	107 m
29	5.323	26 %	181 m
30	5.504	35 %	74 m
31	5.578	33 %	69 m
32	5.647	11 %	315 m
33	6.185	19 %	114 m
34	6.299	11 %	74 m
35	6.686	13 %	75 m
36	6.761	13 %	101 m
37	6.862	19 %	34 m
38	7.182	12 %	112 m
39	7.833	18 %	105 m
40	7.938	12 %	118 m
41	8.056	18 %	34 m
42	8.09	24 %	139 m
43	8.229	20 %	78 m
44	8.307	13 %	111 m
45	8.418	24 %	42 m
46	8.46	40 %	108 m
47	13.832	14 %	121 m
48	14.161	21 %	149 m
49	14.451	13 %	50 m
50	14.501	14 %	66 m
51	14.567	24 %	185 m
52	14.752	17 %	147 m
53	14.899	15 %	177 m
54	15.246	14 %	111 m

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55	15.863	21 %	106 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	101.265	0.42	0:01:02	5.88	0:03:14	0:04:16	1.42
2250	4930.097	20.6	1:37:52	3.02	0:03:36	1:41:28	2.92
2000	5355.913	22.38	1:29:33	3.59	0:17:29	1:47:02	3
1750	5729.907	23.94	1:29:48	3.83	0:09:38	1:39:26	3.46
1500	2128.219	8.89	0:42:15	3.02		0:42:15	3.02
Total :	18.245 Km	76.23 %	5:20:30 h	3.42 Km/h	0:33:57 h	5:54:27 h	3.09 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.713	0:05:15	1873	1:21:20	1:21:20	3.713
6.032	0:03:36	2378	2:18:09	0:56:49	2.318
8.888	0:03:14	2502	3:12:55	0:54:46	2.857
11.598	0:04:23	1933	4:06:23	0:53:28	2.709
15.863	0:17:29 > 10´	2075	5:13:55	1:07:32	4.266
Total :	0:33:57 h				

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